

The taste of summer starts from the healing cafes in Jiading



Staff Reporters

Taste mellow coffee in this quiet courtyard by the Xiyun River. One Step Garden (Jinfu store) is in Jinfu, Xiyun Building, covering around 1,320 square meters including 840 square meters' indoor area.

It is a place where you can not only drink coffee, but also taste history.

Jinfu, or Jin's mansion, was originally

built by Jin Tong, who owned a silk weaving empire. It was moved from Huzhou City in neighboring Zhejiang Province to the bank of Xiyun River in Jiading District.

The main hall is magnificent, with exquisite carvings between the beams and columns, engraved with a plaque of "loyal heirs" and brick carvings of "good virtue carries good fortune."

The outdoor corridor extends in all directions, and the enclosed courtyard layout is symmetrical. Pomegranate flowers, osmanthus flowers and other famous trees are planted in the courtyard, which exudes the unique artistic conception of the Suzhou-style garden.

"Lakeside coffee" is a specialty developed by the store. Compared with ordinary latte, this coffee is sweeter, with a cool aftertaste of mint, which makes customers feel as if they are on the lakeside where the breeze blows. Hence the name "lakeside."

On the menu there is also cinnamon latte, garden roast duck pizza and garden fried filet mignon. Smell the fragrance of flowers, taste the mellow coffee, and listen to twittering birds and humming insects.

One Step Garden (Jinfu Store)
Address: 56, Lane 1771, Yumin Road S., Malu Town, Jiading District
Opening hours: 10am-9pm, Monday to Sunday



No buns here!

ROASTED Bun Café does not sell buns, but there is coffee. This shop is located in a Chinese-style courtyard at 600 Changxu Road. The shop has not only upper and lower floors, but also an open space, as if it were a paradise.

If you are lucky, you will see the two pet dogs whose images are on the coffee mugs here. One is called Co Co, and the other is Piglet. They are very friendly.

Their models are also placed in the shop, like two beckoning signs.

Roasted Bun Café
Address: 600 Changxu Road, Juyuan New Area, Jiading District
Opening hours: 10am-6pm, Monday to Sunday,

A European-style country club in a sea of flowers



IN Jiabei Country Park, there is a cafe called Phiser Country Club. It was previously a farmhouse, which has been rebuilt by the architects of the Central Academy of Fine Arts, and hence became a European-style building.

With white as the main tone, the country club is matched with antique porcelain and silk fabrics collected by the shopkeepers from all over the world. It can be compared with magazine blockbusters of any time, and brings you comfort and solace at all times.

The coffee beans in the shop are mainly

made from washed Ethiopia, Colombia and Manning.

The signature is osmanthus latte. The rich osmanthus fragrance coupled with mellow coffee leaves an endless aftertaste in the mouth.

You may also order a cup of affogato, scoop a spoonful of ice cream and put it in a transparent glass, and then pour a cup of espresso rich in foam.

In addition to selling coffee drinks, Phiser also provides Chinese and British afternoon tea customized services. Canola flowers in spring, sunflowers in summer, sunset in autumn, and fireplace in winter.

Sitting outdoors, you can savor the four seasons over a delicious afternoon tea.

The store also provides fishing, kayaking, archery, barbecue, bonfire party and other services.

Phiser Country Club

Address: Near Baima Bridge, Jiabei Country Park, Jiading District
Opening hours: 9am-6pm, Monday to Sunday
Booking number: 18123901347

A coffee shop hidden in the old street

THIS is a coffee shop hidden in Zhouqiao Old Street. There is a pleasant open-air courtyard in the store, with canvas chairs, tents, and green turf. Coming here is like picnicking on the grass.

Because the shopkeeper loves Tagore's "life is like summer flowers," the store is mainly colored in red and black, implying that a fresh and refined Brahma flower is unique in the mysterious field.

The coffee names in the store are also unique and creative — "Shanghai 1932," "braised pork," "spring phoenix 10 miles," "take me away." Each coffee has its own unique taste and style.

For instance, this cup of "Shanghai 1932" is like an oriental woman with a story.

Siddharama cold extract shows her mystery and pride. Rose and jasmine syrup add a girlish temperament to her.

The seasoning of old Shanghai glutinous



rice wine is classic. Add a touch of jasmine fragrance, like the scent of a woman.

For each coffee, the barista has made a good balance between professionalism and interest.

RED KA

Address: 51 Dongxiatang Street, Jiading Town
Opening hours: 9am -5:30pm, Monday to Sunday

illustrations on the walls and designed posters, clay mirrors, and souvenirs for the store herself.

Feel interested? Just come and find out!

Mad Dag

Address: No. 312, Lane 212, Jinmingdu Road, Anting Town
Opening hours: 9am-9pm, Monday to Sunday



Keep in a good mood

MADDOG coffee is in Anting Auto City community. The decoration of the shop is simply white.

Rikki, the shopkeeper, explains that Mad Dog means "who is angry goes crazy." She hopes that every customer entering the store shall leave in a good mood.

You can sit by the window, enjoy the wonderful scenery through the French window, taste a delicious coffee and enjoy a long day of silence.

The signature of this shop is the unique flavor of salted egg yolk, Ethiopia SOE latte.

The aroma of salted egg yolk does not cover up the aroma of coffee itself. It is soft and smooth, with a slight sweet fruity aftertaste. Recently, the store purchased a batch of Mozart coffee beans.

These newly launched coffee beans are treated with raisin honey, which is very suitable for making coffee by hand. It is worth a try.

Rikki used to be a designer. She made the



Eat exclusive steamed cake in a tent

WHAT is it like to experience Shanghai in the summer in a tent? In Nanxiang, there is a coffee shop that combines outdoor camping elements with street corner coffee shops.

The semi-open shop is full of outdoor style. A must check-in spot for selfie addicts.

"Start your daily life with a cup of good coffee," is the motto. Daily Open uses professional coffee equipment and 100 percent Arabica coffee beans to ensure the quality of each cup of coffee.

In addition to coffee, there are fresh handmade delicacies, such as cakes and light foods. By the way, there are also limited Nanxiang edition desserts waiting for you to find!

After 3pm, Daily Open starts its night bar mode to meet young people's needs with craft beers, wines and other hard stuff.

Daily Open

Address: No. 2, Lane 560, Zhongren Road, Nanxiang Town
Opening hours: 8am-8pm, Monday to Sunday



Get your daily limit

M Seed Coffee practices the concept of "from a seed to a cup of coffee." M stands for mind, which means thinking. Seed implies that it aims to present every cup of coffee with heart.

The ice latte with sweet fermented rice, coconut and syrup is one of the signatures of the store, with a unique intoxicating taste.

What's more surprising is that the mood labels on the straw, such as "private customization," "keep loving" and "sunny weather is suitable for collecting happiness," which reveals the store's ingenuity.

There is a reading corner in the store, too, where you can sit down and read your favorite books. You can also leave your books on the bookshelf where others may borrow and read.

M Seed Coffee

Address: No. 360, Lane 1555, Jinhajiang Road, Jiangqiao Town
Opening hours: 8:30am-6pm, Monday to Saturday

Kunqu Opera kicks off charity season at Poly Grand Theater

Qian Tong

A TRADITIONAL Chinese opera by the Shanghai Kunqu Opera Troupe was staged at Shanghai Poly Grand Theater in Jiading District on July 17, marking the debut of a series of charitable performances at the theater after the citywide lockdown.

The Kunqu opera "Over the Wall" is the first performance at the theater, which reopened this month with strict pandemic prevention measures.

Theatergoers applauded warmly for the performances of famous artists, including Li An and Shen Yili.

"Such an amazing experience can only be felt at the theater," a woman surnamed Sun, who lives nearby, said excitedly. "Finally, we can appreciate the performances at Shanghai Poly Grand Theater again."

"It's great."

Another patron surnamed Zhang from Baoshan District, who watched the opera with her son, said: "The Kunqu Opera can enrich my kid's understanding of the traditional culture of China."

The operator of the Shanghai Poly Grand Theater made full preparations, including the maintenance of equipment and facilities, rearranging seats, adjusting ticketing, and conducting comprehensive disinfection and practical drills in accordance with the requirements of pandemic prevention and control.

All visitors to the theater need to wear masks, show their health codes, scan a digital sentry and have their temperature checked.

And the number of patrons is capped at half of the capacity.

"Having experienced the lockdown, it's exciting to see the old friends in the theater again," Qin Tiji, chairman of the Shanghai Poly Grand Theater, said.

Joining hands with the Jiading District Culture and Tourism Bureau, the theater is to stage six performances for charity, including symphonies, light music, children's plays and comedies. Tickets range from 30 yuan (US\$4.48) to 80 yuan.

The theater will also launch its summer camp on July 30, providing an opportunity for kids to experience musical theater, drama, percussion and chorus under the guidance of professional teachers.

It will stage acrobatics on August 16, providing a rare treat for children and their families during the summer vacation.



The Shanghai Poly Grand Theater opened its doors for the first time in four months with the classic Kunqu opera "Over the Wall" on July 17. — Zhou Yulin