

## A TRIP TO SAVOR TEA AROUND A STOVE IN SHANGHAI'S SUBURBS

Li Fei

he steaming water, the lovely aroma from the tea, the sound of cracking peanuts on the stove, and the delicate scenery in the teahouse. Enjoying such a cup of tea around a stove with friends has become popular in Shanghai in winter.

Especially, a trip to just such a teahouse on the outskirts of Shanghai, escaping the hustle and bustle of urban life as well as the fears over COVID-19, to enjoy local country life and the traditional Chinese tea culture is nothing but agreeable.

Located in Maoqiao Village, suburban Jiading District, Heqin Garden is attracting visitors with its beautiful garden, as well as different kinds of

Chinese teas.

The garden was designed with the idea of "people in the grass and trees." The inspiration comes from the Chinese character *cha* (tea), which is made up of three radicals, *cao* (grass), *ren* (people) and *mu* (tree), with people in the middle of the grass and tree.

Li She, a famous poet in the Tang Dynasty (618-907), once wrote in his poem "to find a moment of leisure in a busy life" is just something that a cup of tea can bring you.

Tea culture has been an important part of life in China since ancient times. Everyone has his own idea of the best tea, or the best way to enjoy a cup of tea.

Heqin Garden integrates the rural experience of Maoqiao and the



Shanghai Daily reporters, Fiona and Alex, find a moment of leisure as they have a good time at Heqin Garden, an old-style teahouse.