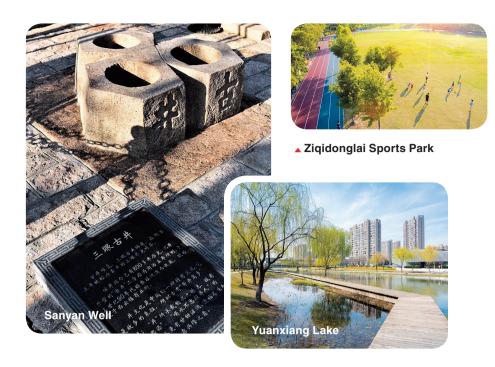## Malu Town 马陆

Route A: 5 kilometers

Ziqidonglai Sports Park → Yuanxiang Lake → Poly Grand Theater → Jiading Library → Xiyunlou Cultural Street

Nestled in the heart of Malu Town is the Ziqidonglai Sports Park, an urban "green lung" that offers a breath of fresh air. Cycling along Tianzhu Road brings you to the Yuanxiang Lake, where the shade of green trees and the gentle ripples on the water create a tranquil atmosphere.

Continuing along Baiyin Road, you'll arrive at the Poly Grand Theater, designed by Tadao Ando. The theater features the first water-stage in China. Adjacent to the theater is the Jiading Library, surrounded by a shallow waterway, reminiscent of a Jiangnan water town.

Heading north along Yumin Road S., you'll reach the Xiyunlou Cultural Street. With the Xiyun River at its center, this area features 26 exquisite, standalone buildings in the *haipai* (Shanghai-style) architectural style. Along the banks of the river, you'll find historical and cultural sites such as the Du Mansion, Jin Mansion, Mansion Bridge, and Sanyan Well.

Sanyan Well

▲ Ziqidonglai Sports Park

Yuanxiang Lake

Route B: 4.7 kilometers

Hongtai Garden → Malu Ecological Park → Jiayuanhai Art Museum → Malu Grape Park → Dayu Village

In Malu's eastern rural area, there is a vibrant and lively ecological park which features the architectural style of Jiangnan gardens. Inside the Hongtai Garden, you'll feel the wild, natural and rustic countryside charm.

Starting from Jiawang Road and following the Liuxiang Highway to the Dazhi Road intersection, you'll find a lush green canopy of trees forming a natural oxygen bar within the Malu Ecological Park.

Continuing east along Dazhi Road, you'll arrive at Tadao Ando's latest Shanghai masterpiece: the Jiayuanhai Art Museum. Further east lies the Malu Grape Park, home to Shanghai's unique summer memories. It's a place where you can savor the endless sweetness of summer.

From Dazhi Road to the Yunchangjing Creek, you will find many hidden gems along the way in Dayu Village.

Malu Ecological Park

▶ Hongtai Garden

Nanxiang Town 南翔

Route A: 4 kilometers

Shanghai Nanxiang Incity Mega → Cultural and Sports Service Center → Nanxiang Old Street → Guyi Garden

As soon as you step out of Chenxiang Road Station on Metro Line 11, you'll be greeted by a massive commercial complex spanning 340,000 square meters — the Shanghai Nanxiang Incity Mega. This place is not only a shopper's paradise but also an ideal spot for leisure and entertainment, making it a perfect choice for a day out.

Leaving behind its bustling atmosphere, you can head to the Nanxiang Town Cultural and Sports Service Center, where the square comes alive in the early morning with elderly people exercising and children playing, creating a vibrant urban scene. Heading south along Guyiyuan Road, you'll soon reach the Nanxiang Old Street. While here, don't forget t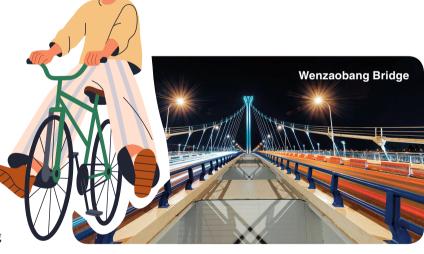o stop by an authentic Nanxiang *xiaolongbao* restaurant. Finally, cycle your way to Guyi Garden. The garden's natural scenery harmonizes beautifully with the Ming Dynasty (1368-1644) architecture.

▲ *Xiaolongbao* (small steamed buns)

▶ Shanghai Nanxiang Incity Mega

Wenzaobang Bridge

Route B: 2 kilometers

Wenzaobang Bridge → Liuyun Lake → Hi5

Wenzaobang Bridge is not only a crucial link for the Shanghai-Jiaxing Expressway, but also a witness to history. Since 1978, the Wenzao River has been extended westward from Hengli section over the course of three years, carrying the memory of the development in northern Shanghai.

Upon exiting the bridge and turning right onto Fangju Road, you'll come across the Liuyun Lake. Surrounded by high-rise buildings and elegant villas, the lake is like a "green lung" nestled amidst the urban landscape, providing a great place for fitness and relaxation for both residents and visitors.

Finally, visit Hi5 — a commercial complex developed by China Resources at 801 Baoxiang Road. This well-established mall in Nanxiang covers around 40,000 square meters and is home to about 100 well-known brands. Given the recent weather, it's a great choice to escape the heat, cool off and enjoy some leisure time.